



FLAVIS

TASTE. OUR SECRET INGREDIENT:

Following a **Low Protein** diet has never tasted so good.












- ✓ **Very low protein**
- ✓ **Low concentration of amino acids**
- ✓ **Good source of fiber**



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NUTRITIONAL VALUES PER SERVING

	PRODUCT NAME	PRODUCT DESCRIPTION	SERVING SIZE	CALORIES	TOTAL FAT	TOTAL CARBOHYDRATE	DIETARY FIBER	PROTEIN	PHENYLALANINE	TYROSINE	LEUCINE
BREADS	 CIABATTA	Low protein bread rolls - 260 g (4x65 g)	1 roll (65 g)	160 kcal	2 g	34 g	8 g	0.3 g	12 mg	9 mg	20 mg
	 HEARTY WHITE BREAD	Low protein sliced bread - 400 g (2x200 g)	2 slices (40 g)	100 kcal	1.5 g	21 g	5 g	0.2 g	6 mg	4 mg	10 mg
	 HEARTY BROWN BREAD	Low protein sliced bread - 400 g (2x200 g)	2 slices (40 g)	100 kcal	1.5 g	21 g	6 g	0.3 g	12 mg	8 mg	20 mg
SNACKS	 CROSTINI	Low protein crispbreads - 150 g	3 crisp bread (30 g)	130 kcal	3 g	26 g	2 g	0.2 g	10 mg	6 mg	13 mg
	 GRISSINI	Low protein breadsticks - 150 g (3x50 g)	5 bread sticks (30 g)	130 kcal	4 g	25 g	2 g	0.3 g	9 mg	5 mg	12 mg
	 FETTE TOSTATE	Low protein cracker - 120 g	6 pieces (30 g)	120 kcal	0 g	28 g	4 g	0.3 g	8 mg	6 mg	19 mg
	 PIZZA BASE	Low protein pizza base - 300 g (2x150 g)	1/3 pie (50 g)	140 kcal	2 g	31 g	7 g	0.5 g	12 mg	8 mg	20 mg
PASTA	 SPAGHETTI	Low protein pasta - 500 g	1/2 cup (56 g)	210 kcal	1 g	49 g	4 g	0.3 g	10 mg	8 mg	17 mg
	 PENNE	Low protein pasta - 500 g	1/2 cup (55 g)	200 kcal	0.5 g	49 g	4 g	0.3 g	12 mg	8 mg	19 mg
	 FUSILLI	Low protein pasta - 500 g	1/2 cup (55 g)	200 kcal	0.5 g	49 g	4 g	0.3 g	12 mg	8 mg	19 mg
	 RIGATONI	Low protein pasta - 500 g	1/2 cup (55 g)	200 kcal	0.5 g	49 g	4 g	0.3 g	12 mg	8 mg	19 mg
	 DITALI	Low protein pasta - 500 g	1/2 cup (55 g)	200 kcal	0.5 g	49 g	4 g	0.3 g	12 mg	8 mg	19 mg
	 RICE	Low protein rice replacer - 400 g	1/4 cup (45 g)	160 kcal	0.5 g	39 g	3 g	0.2 g	9 mg	6 mg	18 mg
COOKING & BAKING	 BREAD MIX	Low protein bread mix - 500 g	2 tbsp of Mix (23 g)	80 kcal	0 g	20 g	<1 g	0.2 g	5 mg	4 mg	9 mg
SWEETS	 FROLLINI	Low protein shortbread cookies - 200 g	4 Cookies (28 g)	130 kcal	4 g	24 g	0 g	0.2 g	8 mg	4 mg	9 mg
	 COOKIES	Low protein cookies with choco chips - 200 g	3 cookies (30 g)	140 kcal	5 g	24 g	0 g	0.2 g	9 mg	5 mg	13 mg
	 FRUIT BAR	Low protein fruit bar with strawberry filling - 125 g (5x25 g)	1 bar (25 g)	110 kcal	3.5 g	19 g	<1 g	0.2 g	4 mg	3 mg	7 mg